




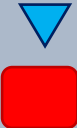












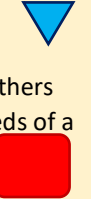


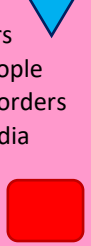

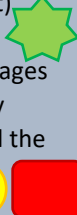




















PSHE Curriculum 2019 – 20

Term / Year Group	Term 1 My Relationships	Term 2 My Future	Term 3 My Money	Term 4 My Wellbeing (Mental Health)	Term 5 My Health (Physical Health)	Term 6 My Community
Year 7	<ul style="list-style-type: none"> Starting in a new school Families Child abuse Neglect Peer relationships Bullying / conflict Online -Safety Teacher relationships 	<ul style="list-style-type: none"> Who am I? Character What skills do I need? Using my skills Effective digital communication Aspiration (aiming high/staying positive) Creativity 	<ul style="list-style-type: none"> Value of money Personal budget Bank account basics Household essentials 	<ul style="list-style-type: none"> Big emotions What is mental health? Getting support Reflecting on my experiences 	<ul style="list-style-type: none"> Being healthy Diet Sleep Exercise Smoking Puberty 	<ul style="list-style-type: none"> Identity and roles Helping around the house Rights and responsibilities Prejudice and discrimination 
Year 8	<ul style="list-style-type: none"> Changing relationships Issues facing families Sexual relationships (sex and the law) Youth Produced Sexual imagery 	<ul style="list-style-type: none"> STEM Innovation Sectors of work Jobs and qualifications Entrepreneurs Resilience Employability 	<ul style="list-style-type: none"> Work – part-time and full-time Bank accounts – savings / credit / debit Practical money skills – negotiating / discounts / faulty goods 	<ul style="list-style-type: none"> Mental health issues (looking after yourself – signs of mental health issues) Anxiety Managing anxiety Loss and bereavement 	<ul style="list-style-type: none"> Sexual health Sexual reproduction STI's HIV / AIDS Contraception Female Genital Mutilation 	<ul style="list-style-type: none"> Staying safe Knife crime Gangs Internet safety Young people and the law 
Year 9	<ul style="list-style-type: none"> Responsibility in relationships Male / female views of relationships Sexual Identity Domestic violence Managing anger 	<ul style="list-style-type: none"> Career Pathways Apprenticeships University School leavers – destinations Problem solving World of Work – Health and Safety 	<ul style="list-style-type: none"> Pressures on buying – needs / wants Borrowing money Gambling Debt and debt issues Housing and homelessness 	<ul style="list-style-type: none"> Mental health – focus on depression Impacts of depression Taking risks (substance abuse, alcohol and other drugs) Assertiveness 	<ul style="list-style-type: none"> Sexual encounters Saying “No” Peer pressure Parties Personal risk management (behaviours) 	<ul style="list-style-type: none"> Democracy Government and voting Laws Human rights Prison 
Year 10	<ul style="list-style-type: none"> LGBTQ Awareness Communication and building positive relationships Responsibility for others Parenting – the needs of a child 	<ul style="list-style-type: none"> Standing out from the crowd Employability skills CV writing Interviews Social media Teamwork 	<ul style="list-style-type: none"> Interest rates Running a household budget Ethical shopping Consumer rights Enterprise 	<ul style="list-style-type: none"> Body image Eating disorders Support for people with eating disorders Role of the media Self-harm 	<ul style="list-style-type: none"> Peer pressure I - Sex Teenage pregnancy Unplanned Pregnancy Adoption Abortion Surrogacy Rape 	<ul style="list-style-type: none"> Being a UK citizen (citizenship test) Disability Arranged marriages Modern Slavery Extremism (and the media) 

Year 11	<ul style="list-style-type: none"> • Parenthood • Teenage Pregnancy • Long – term relationships • Relationships in crisis • Support for relationships 	<ul style="list-style-type: none"> • My future career • Careers of the future • Local Labour Market Information • STEM innovation • Post-16 Options • Communication 	<ul style="list-style-type: none"> • Earning and saving • Credit cards • Payday loans • Investing • Financial risks • Financial planning 	<ul style="list-style-type: none"> • Stress and techniques to reduce stress • School / work / life balance • Exam pressure • Local support • Teenage suicide 	<ul style="list-style-type: none"> • Rape within marriage • Drug Facilitated sexual assault • Peer Pressure II – Drugs and alcohol 	<ul style="list-style-type: none"> • Homophobia • Racism • Sexism • Being a global citizen – poverty, fair trade and environment 
Year 12 / 13	<ul style="list-style-type: none"> • The role of marriage in distinct cultures • Same-sex couples and adoption • Local support for parents 	<ul style="list-style-type: none"> • UCAS • Future planning • University or not? • Leadership and community 	<ul style="list-style-type: none"> • Budgeting: University / leaving home / working + support • Consumer rights • Benefits / financial support and how to apply 	<ul style="list-style-type: none"> • Stress • Coping with exam stress • Work / school / life balance 	<ul style="list-style-type: none"> • Tattoos and piercings • Cancers • Cancer screening • Diabetes • Clubbing 	<ul style="list-style-type: none"> • Radicalisation • Voluntary organisations • Globalisation • Contributing to the community 

Key area of focus:					
British Values	Careers, Aspiration and Employability	SMSC	Financial Literacy	Northamptonshire Local Safeguarding Children's Board	PREVENT
					

<ul style="list-style-type: none"> • Rape within marriage • Drug Facilitated sexual assault • Peer Pressure II – Drugs and alcohol 	<ul style="list-style-type: none"> • Homophobia • Racism • Sexism • Being a global citizen – poverty, fair trade and environment 
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In Terms 5 and 6 **Year 11** (and **Year 13**) form groups have access to the programme but the focus is more likely to be upon exam preparation and revision skills. When students are offered study leave there will be no time for them to cover these topics. If form tutors run out of topics to cover in their Year group specific PSHE course, they can use these topics as appropriate, e.g. all of Year 11 My Community is appropriate for Years 7 – 10; Year 11 My Health “Rape” topics are suitable for Year 10 and “Peer Pressure II: drugs and alcohol” is appropriate for Years 9 and 10.